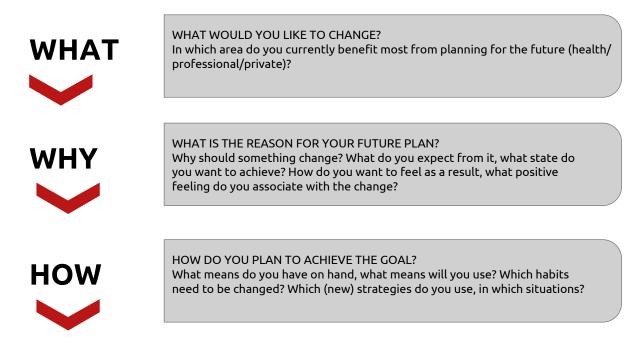


FUTURE ORIENTATION

BECOME THE ACTIVE CREATOR OF YOUR FUTURE

To be future-oriented, you need a specific goal! This is not necessarily about big, life-changing visions. Small goals also lead to change.

Find an answer to the 3 big questions: What? - Why? - How?



Describe your intention as concretely as possible! Particularly suitable for this are "If..., then...- Phrases":

≝ .	THEN	
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And don't forget to think in **baby steps**! The more long-term, the more reasonable it is to build in small intermediate steps.